

WRE(Day 3 only)

The 20th anniversary of the merger of Shitara Town orienteering competition and 19th Meisugi Competition Bulletin2.1 (World ranking event Bulletin1.1)



Original character of
19th Meisugi competition
「NaviRabi」

2025.8.29-31

Shitara Town, Aichi Prefecture



Changes from Bulletin 2 are highlighted in yellow.

【Important Notice】

For Day 3 (Long Distance), the map scale has been changed for some classes.
Please check the details before submitting your entry.

【Old】

M/W21E,M/W21A,M/W21AS,M/W20A,M/W35A : 1:15000/5m
M/W65A,M/W50A,M/W18A,M/W15A,M/W10A, Challenge Group/Solo, Light Group/Solo : 1:10000/5m

【New】

M/W21E : 1:15000/5m
All classes except M21E and W21E : 1:10000/5m

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PROGRAM

Date	Shitara 3 days	AsJYOC2025
Tuesday 26th		Model Event
Wednesday 27th		Sprint
Friday 29th	Sprint Relay (Tsugu Kogen Green Park First starts at 14:00)	Sprint Relay (Tsugu Kogen Green Park)
Saturday 30th	Middle Distance (Mennokienchi First starts at 14:00)	Middle Distance (Mennokienchi)
Sunday 31th	Long Distance (Tsugu Kogen First starts at 10:00)	

Before you run, watch and cheer AsJYOC!

※There are no events that qualify as model events or training events in this event.

COMPETITIONS

Race	Sprint Relay	Middle Distance	Long Distance
Date Start Time	Friday 29th 14:00	Saturday 30th 14:00	Sunday 31th 10:00
Map/Terrain	「Tsugu Kogen Green Park」	「Mennokienchi」	「Tsugu Kogen」
Punching System	Contactless SPORTident Air+ punching will be used.(Regular SI Cards can be used.)		
Event Venue	Tsugu Kogen Green Park (address:Hibara-yama,Tsugu,Shitara-cho,Kitashitara-gun,Aichi,441-2601)		

COMPETITIONS CLASSES

Sprint Relay (a team of three)

	Class	Gender	Age	Length	Winning Time
Relay	MA	Not specified	All ages	3.0km	35min
	WA	Female	All ages	2.5km	35min
	MV	Not specified	50 or older	3.0km	40min
	WV	Female	50 or older	3.0km	40min
	MIX	At least one Female	All ages	3.0km	35min
Individual race	L	Not specified	All ages	3.0km	12min
	S	Not specified	All ages	2.5km	12min
	One-person relay	Not specified	All ages	9.0km	35min

<Notes for All Three Days>

○ IOF Competition Rules for Foot Orienteering will apply.

○ Female participants are permitted to enter the Men's (M) class; however, male participants are, not permitted to enter the Women's (W) class.

○ All ages indicated in tables and texts refer to the age reached by March 31, 2026.

○ Distance and championship settings are subject to change without notice.

Middle Distance

Class	Gender	Age	Length	Winning Time
M21A	Not specified	All ages	3.9km	35min
W21A	Female only	All ages	3.7km	35min
M20A	Not specified	Under 20	3.2km	30min
W20A	Female only	Under 20	3.5km	35min
M18A	Not specified	Under 18	2.6km	25min
W18A	Female only	Under 18	2.5km	25min
M15A	Not specified	Under 15	2.1km	25min
W15A	Female only	Under 15	2.1km	25min
M10	Not specified	Under 10	1.7km	25min
W10	Female only	Under 10	1.7km	25min
M65A	Not specified	65 or older	2.8km	35min
W65A	Female only	65 or older	2.2km	35min
M50A	Not specified	50 or older	3.3km	35min
W50A	Female only	50 or older	2.8km	35min
M35A	Not specified	35 or older	3.5km	35min
W35A	Female only	35 or older	3.3km	35min
Challenge Group/Solo	Not specified	All ages	2.2km	25min
Light Group/Solo	Not specified	All ages	2.1km	25min

<Notes for Days 2 and 3>

○ Challenge Group/Solo and Light Group/Solo are classes for individuals or groups (e.g., families or friends).

○ Challenge Group/Solo is for intermediate participants, and Light Group/Solo is for beginners.

Long Distance

Class	Gender	Age	Length	Winning Time
M21E	Not specified	All ages	11.1km	90min
W21E	Female only	All ages	8.9km	90min
M21A	Not specified	All ages	7.8km	80min
W21A	Female only	All ages	5.8km	65min
M21AS	Not specified	All ages	5.1km	60min
W21AS	Female only	All ages	4.1km	60min
M20A	Not specified	Under 20	4.6km	60min
W20A	Female only	Under 20	3.8km	60min
M18A	Not specified	Under 18	3.8km	50min
W18A	Female only	Under 18	2.9km	50min
M15A	Not specified	Under 15	3.3km	40min
W15A	Female only	Under 15	2.7km	40min
M10	Not specified	Under 10	2.4km	30min
W10	Female only	Under 10	2.1km	30min
M65A	Not specified	65 or older	3.6km	50min
W65A	Female only	65 or older	2.3km	50min
M50A	Not specified	50 or older	5.0km	60min
W50A	Female only	50 or older	3.6km	50min
M35A	Not specified	35 or older	5.8km	65min
W35A	Female only	35 or older	5.0km	60min
Challenge Group/Solo	Not specified	All ages	3.3km	40min
Light Group/Solo	Not specified	All ages	2.4km	30min

< Notes for Day 3 >

○M/W21E are classes for World ranking.

○M/W21E, W/W21A are classes for Japan ranking.

○All classes except Challenge Group/Solo , Light Group/Solo and M/W10 are classes eligible for ranking by age.

○M/W20A are classes for M/W20E right acquisition.

○M21E and W21E are elite classes intended for highly skilled and experienced competitors. Please carefully consider this when selecting your class during registration.

BEGINNER TRAINING

A training course for those who are new to orienteering will be held. Meet at the event center before the start time.

Day1 ,Day2: 13:00~

Day3: 9:00~

EMBARGOED AREAS

Any attempt to survey or train in the embargoed areas is forbidden, unless explicitly permitted by the organizer.
(Please check the details on Google Maps.)

There are changes from Bulletin1.

<https://www.google.com/maps/d/edit?mid=12NVfI1vIQDTyAU8Yy-OXYETWoBimwIQ&usp=sharing>



Sprint Relay 「Tsugu Kogen Green Park」

Terrain Profile:

This area has facilities such as campsites, pensions, and observatories. There are also tennis courts, plazas, parking lots, and cottages. The crossable points are limited by uncrossable rivers and ponds within the terrain.

There are some rugged or forested areas. In some forests, the running speed is reduced.

Scale/Contour interval : 1:4000/2m

Updated 2024 & 2025, according to ISSprOM 2019-2.

Mapper: Yutaro MIYANISHI

[Previous Map](#)

Sample map (80m square)

Terrain and scenery images



Middle Distance 「Mennokienchi」

Terrain Profile:

The area consists of a campsite and the surrounding forest. The terrain is generally steep, but partially fine. Most areas are easily runnable, but running speed is reduced in some areas due to cut branches. There are paths throughout the terrain and paved roads around the venue. There are often cliffs or earth banks around the roads and paths. Rocks and cliffs are often found in the terrain. There are frequently small rivers in the streams.

Scale/Contour interval:

All classes except those listed below

1:10000/5m

M/W65A, M/W10, Challenge Group/Solo, Light Group/Solo

1:7500/5m

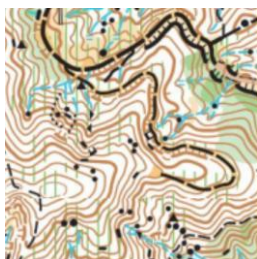
Updated 2024 & 2025, according to ISOM 2017-2.

Mapper: Yutaro MIYANISHI

[Previous Map](#)

Sample map (300m square)

Terrain and scenery images



Long Distance 「Tsugu Kogen」

Terrain Profile:

This forest extends from the foothills of Mount Chausu, the highest mountain in Aichi Prefecture, to the base of Mount Maruyama. The terrain is generally steep, but partially fine. Most areas are easily runnable, but running speed is reduced in some areas due to cut branches. There are roads that run vertically and horizontally through the woodland. Although there are few roads or paths, some clearly defined ones do exist in certain areas. There are often cliffs or earth banks around the roads and paths. Rocks and cliffs are often found in the terrain. There are frequently small rivers in the streams.

Scale/Contour interval:

M/W21E : 1:15000/5m

All classes except M21E and W21E : 1:10000/5m

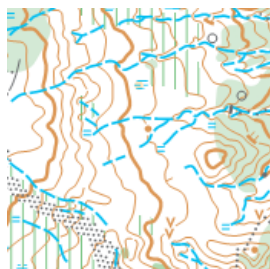
Updated 2024 & 2025, according to ISOM 2017-2.

Mapper: Yutaro MIYANISHI

[Previous Map](#)

Sample map(300m square)

Terrain and scenery images



CLIMATE

Weather information for the past 5 years for August 30 at the nearest Inabu Observatory.

Year	Average temperature (°C)	Maximum temperature (°C)	Minimum temperature (°C)	Sunlight hours (h)	Rainfall (mm)
2024	23.6	27.1	20.8	1.5	46.0
2023	23.6	29.5	19.0	0.8	0.0
2022	23.7	29.4	21.0	0.5	13.5
2021	24.3	31.8	18.7	10.5	0.0
2020	24.9	32.5	22.2	5.1	23.5

CLOTHING

○ There are no restrictions on clothing or shoes, as long as they are within the bounds of public order and decency.

○ Shoes with any kind of metal (spikes, dobb spikes) are not allowed for Sprint Relay. Choice of footwear is free for Middle Distance and Long Distance.

○ During the Day2 middle distance and the Day3 long distance, wearing long sleeves and long pants is recommended.

○ We recommend that participants carry a bear bell while competing.

VISA

For details, please contact the nearest Japanese embassy or check [the Ministry of Foreign Affairs website](#) for the latest information.

ENTRY

You can register online via Japan-O-entrY (JOY). Please register and make payments for entry fee and accommodation fee according to the guidance. Credit payments and bank transfers are available. Please note that the payer is responsible for all bank fees and charges.

[Day1\(Sprint Relay\)](#)

[Day2\(Middle Distance\)](#)

[Day3\(Long Distance\)](#)

WRE

On the Day3 long distance, M/W21E are classes for World ranking. IOF ID is required for entry. Please make sure to enter it when registering for an eligible class.

The deadline for entry is 13th July 2025.

The deadline for payment is 14th July 2025.

ENTRY FEE

Same-day registration will not be accepted on any of the three days.

		Elite	Regular	Challenge/ light class	One- person relay
Regular	Sprint Relay	-	¥3000	-	¥4000
	Middle distance	-	¥5000	¥3000	-
	Long distance	¥7000	¥6000	¥4000	-
Undergraduate and Graduate students	Sprint Relay	-	¥2000	-	¥3000
	Middle distance	-	¥3000	¥2000	-
	Long distance	¥5000	¥4000	¥3000	-
High school students and younger	Sprint Relay	-	¥1500	-	¥2500
	Middle distance	-	¥2000	¥1000	-
	Long distance	¥4000	¥3000	¥2000	-
Residents of Shitara Town	Sprint Relay	-	¥1000	-	¥2000
	Middle distance	-	¥2000	¥0	-
	Long distance	¥3000	¥2000	¥0	-

○All participation fees are per person.

○SIAC will be used on all three days of the event. The rental fee for a SIAC card is 400 JPY per use. In case of loss or damage, a replacement fee of 12,000 JPY will be charged.

○If you wish to borrow a compass, please come to the reception on the day of the competition. A deposit of 3,000 yen will be required when borrowing a compass. The deposit will be refunded when you return the compass to the reception after the competition.

CANCEL

○The participation fee will not be refunded after the application has been submitted. Please understand this before applying.

SUBSTITUTION

○Substitute runners for individual races will be accepted until the day before the event. Substitute runners' records will be treated as reference records. Please note that no substitute runners will be accepted on the day of the race.

○For Sprint relay on Day 1, changes in runners and running order will be accepted only if there is no change in the entry fee. Team records including substitute runners will be treated as reference records.

SALE

The following items will be available for sale at the event.

Sales Item List		
	Sprint relay Middle distance	Long distance
All controls map	¥450	¥600
Course map	¥350	¥500
Base map	¥350	¥500
Event T-shirt	¥2000	

○T-shirts and maps will not be sold on the day of the event; they are available through pre-sale only.

○Pre-purchase of maps is available via Japan-O-entrY (JOY).

○The T-shirt design will be released later on the competition's Instagram and X accounts.

○For T-shirt pre-purchase, please fill out the Google Form that will be posted on our website at a later date.

○The T-shirt price is subject to change.

<T-shirt Design>

※Image for reference only



Front of the T-shirt



Back of the T-shirt

<T-shirt Sizes>

Size	Body Length	Body width	Sleeve Length
SS	62	44	19
S	65	47	20
M	68	50	21
L	71	53	22
LL	74	56	23

<Deadline>

The deadline is 13th July 2025.

<Sales>

Please send your name, T-shirt size, and number of T-shirts to the e-mail address below to apply.

Mail:20th.anniv.shitara●gmail.com

(Please replace ● with @)

T-shirts will be handed out at the event venue on the day of the competition.
Payment must be made in cash on the day.

PARKING

<Parking Lot1>

Tsugu Kogen Green Park

(address:Hibara-yama,Tsugu,Shitara-cho,Kitashitara-gun,Aichi,441-2601)

<Parking Lot2>

Shitara town Tsugu Junior High School

(Midashi29,Tsugu,Shitara-cho,Kitashitara-gun,Aichi,441-2601)

※ Transportation from the parking lots to the event site will be provided for drivers.

ACCOMMODATION • LUNCH

We will be selling lunch boxes all day for 800 yen. If you wish to purchase, please apply through Japan-O-entrY (JOY). As there are no convenience stores or supermarkets nearby, we highly recommend using this service.

There are very few vacant rooms available in Shitara Town. We recommend staying in the Nagoya area and using the bus transportation.

TRANSPORTATION

Optional transportation from Nagoya Station will be provided.

Note: In addition to applying at JOY, you must also apply and pay a fee at the following website.

A tentative schedule is shown below.

	Sprint Relay Friday 29th	Middle distance Saturday 30th	Long distance Sunday 31th
Departure	Nagoya station 10:00→ Event venue 12:00	Nagoya station 10:00→ Event venue 12:00	Nagoya station 7:00→ Event venue 9:00
Return	Event venue 18:00→ Nagoya station 20:00	Event venue 18:00→ Nagoya station 20:00	Event venue 16:00→ Nagoya station 18:00

Please note that the operating times may vary slightly depending on the event schedule. Arrival times may also be affected by traffic or road conditions.

○ Bus Fare

For one-way travel (either outbound or return):

Adults: ¥4,000

Elementary School Students: ¥2,000

Preschool Children: Free

For round-trip on the same day

Adults: ¥6,000

Elementary School Students: ¥3,000

Preschool Children: Free

For round-trip on different days

(e.g., outbound on the 29th and return on the 31st):

Adults: ¥7,000

Elementary School Students: ¥3,500

Preschool Children: Free

All prices include tax.

※A minimum of 20 passengers is required for the bus to operate each day.

If the number of applicants does not reach the minimum, the bus service may be canceled. In that case, we kindly ask that you arrange your own transportation using taxis or public transportation.

Please register via the website below.

<https://va.apollon.nta.co.jp/shitara-ol/>

※Registration Deadline: Wednesday, August 13, 12:00 PM

The decision on whether the bus will operate will be made based on the number of registrations received by the deadline.

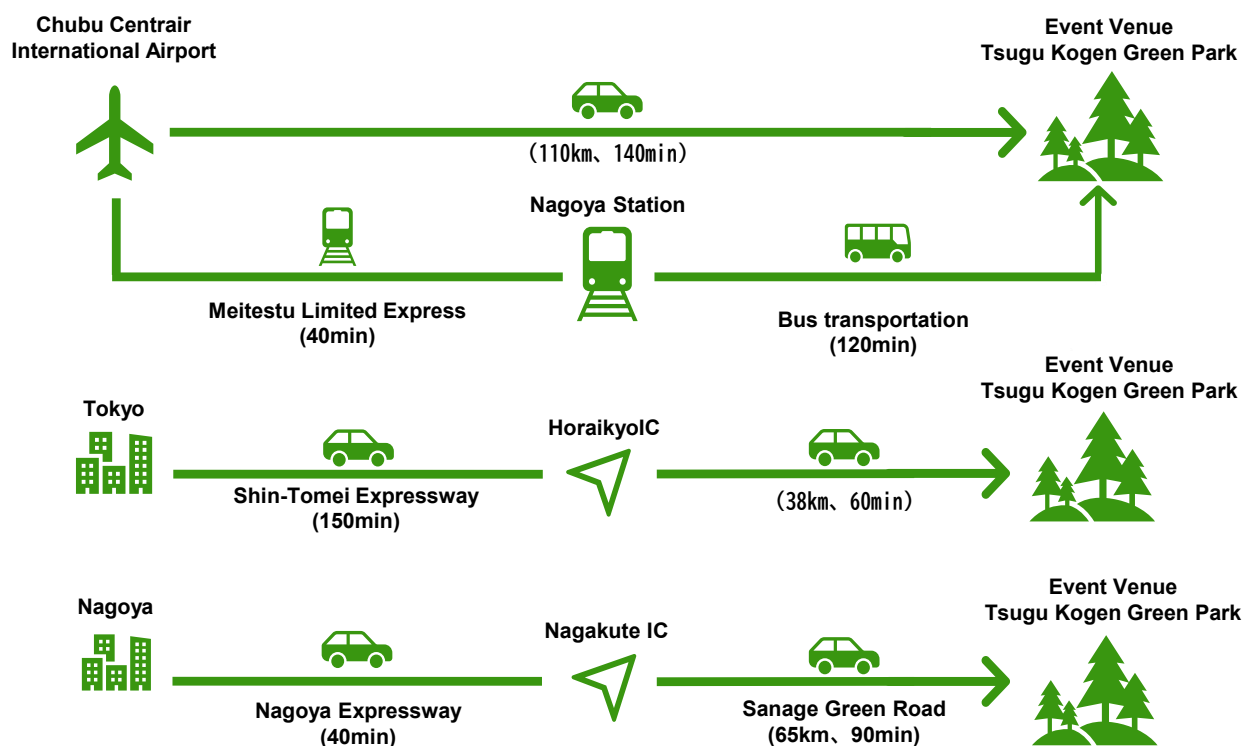
If the operation is confirmed, additional registrations will be accepted until Wednesday, August 27, as long as seats are available.

If you encounter any issues or troubles during the online reservation process, please contact us at the email address below.

Email: 20th.anniv.shitara●gmail.com

(Please replace ● with @)

TRAVEL TIME FROM MAJOR LOCATIONS



※Parking spaces for participants will be provided at the venue.

NOTES

- The information in the bulletin and the official event website is subject to change without notice.
- The organisers accept no liability for accidents, loss, etc. during the event. In the event of injury or illness, insurance will be provided and compensation will be made within the scope of the insurance coverage.
- The organizer will provide accident insurance; however, the coverage is limited. Participants are strongly advised to obtain their own insurance as well. Please also bring your health insurance card on the day of the event.
- The event may be changed or cancelled due to stormy weather, earthquake, worsening weather conditions, incidents, accidents, etc.
- The participation fee will not be refunded if the event is changed, cancelled, or changed after the application has been submitted.

EVENT OFFICIALS

Organizer	Shitara Town, Aichi prefecture
Co-organizer	Nagoya University Orienteering Club Sugiyama Jogakuen University Orienteering Club

Event Organizer

Event Director	Shin Tsuzuki(Enrolled in 2023)
Operation Secretary	Kazuki Uno(Enrolled in 2023)
Technical Secretary	Yuya Teramoto(Enrolled in 2023)
Course Planner	Ryoya Mizuno(Enrolled in 2023) Asahi Ono(Enrolled in 2020)
IOF Event Advisor	Shoya Banno
Event Advisor	Ryota Ishiyama

SPONSORSHIP • SUPPORTER

Sponsorship Supporter	O-support the inter-University Orienteering Federation in Japan Aichi-ken Orienteering Association Tokai Student Orienteering Federation
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CONTACT

Email: 20th.anniv.shitara●gmail.com
(Please replace ● with @)

WEBSITE • SNS

Website: <https://20thannivshitara.wixsite.com/my-site-1>
X(Twitter): <https://x.com/meisugicomp?t=63Wq9FwLNGpYx3SJSIVSZQ&s=06>
Instagram: https://www.instagram.com/the_19th_meisugi_competition?igsh=MXF1dXBqM3Q3Yzl4eg==